

ANNEX 4.4.

How to perform in front of a group successful

 <p>Have a script to support you</p>	 <p>Have the topic well prepared</p>	 <p>Breathe calm</p>	 <p>Smile</p>
 <p>Adopt a correct posture: Lift your head, pull your shoulders back and try to stand upright but relaxed</p>		 <p>Use an appropriate tone</p>	
 <p>Speak slowly</p>	 <p>Use language which aimed at younger students</p>	 <p>Maintain eye contact without staring at someone</p>	
 <p>Do not repeat words to often</p>	<p>Pay attention to the emphasis: lower your voice at the end of sentences, raising your voice if it is a question</p> 		
 <p>Avoid filling words like "ehm", "well",...</p>	 <p>If the class don't understand something, explain it to them</p>	 <p>Show your enthusiasm for the topic, and know what you are talking about</p>	